



Salud SOL!

HCHS/SOL Newsletter

Volume 7, Number 1

Hispanic Community Health Study / Study of Latinos (HCHS/SOL)

SOL exam visit 2 starts in October 2014!

During 2008-2011, SOL participants received a comprehensive health examination that evaluated their overall health and potential risk for cardiovascular conditions. In October 2014, we will start sending invitations to SOL participants to come in for a 2nd visit. This in-person 2nd visit will re-evaluate SOL participant's health and will compare it to their first evaluation. If you participated in SOL visit 1, you would be contacted and invited to participate in the 2nd SOL visit. All SOL participants living in selected communities in Miami (FL), Bronx (NY), Chicago (IL) and San Diego (CA) will be contacted for SOL 2nd visit.

In this 2nd visit, participants who give their consent and are eligible will take part in a heart test called *Echocardiography*. This is a valuable and painless test that uses sound waves to create a moving picture of your heart to evaluate its size, shape and function. This procedure will allow us to learn more about the heart health of Hispanics/Latinos. In this visit we will also check blood pressure, diabetes, cholesterol and other blood fats; as well as weight, height and kidney function. We will ask questions about your current health and use of health services (emergency room and hospitalization for heart-related conditions).

SOL 2nd visit is shorter than the first one, only 3-4 hour duration. Exams are performed at **NO-COST** to participants! Test results are returned by mail.

Only SOL participants are invited to this second examination. They are also encouraged to continue participation in each yearly follow-up. If you are a SOL participant, soon you will receive more information about this visit 2. Be on the look out for an invitation letter, phone call, or e-mail. Let's keep in touch! If you need information, you can contact your local study staff in **Chicago** at: **1-800-749-4765**. **Thanks to your participation, the study continues!**



During the first visit, around 4000 participants were examined in each research field center.

Announcements / Anuncios

SOL participants receive free Booklet with study results!

We are distributing a booklet of the results of the first SOL examination. If you have not yet received your booklet, contact your local study staff (see telephone numbers below) and ask for your copy. You can also view the booklet online or download it by visiting www.hispanichealth.org/study-of-latinos-sol.html

¡Participantes de SOL reciben gratis un Folleto con resultados del estudio!

Estamos distribuyendo un folleto con los resultados del primer examen. Si aun no ha recibido el folleto, póngase en contacto con el personal local del estudio (vea abajo los números de teléfono) y pida su copia. También puede ver el folleto en el internet o descargarlo visitando www.hispanichealth.org/study-of-latinos-sol.html

Bronx, New York

1-718-584-1563



Chicago, Illinois

1-800-749-4765



Miami, Florida

1-305-243-1828



San Diego, California

1-619-205-1926



Coordinating Center

1-919-962-3254



www.saludsol.net

Blog: <http://chicagosol-latino.blogspot.com/>