
Cohort, Exam 2**Nutrition Derived Variables in NUTV2X**

Similar to visit 1, the nutrients from foods were calculated by the Willett group, to which ARIC added nutrients from alcoholic beverages. The DTI form at visit 2 was applied to a sample of participants in order to study repeatability. The earlier derived variables file TOTNUT2 has been replaced by NUTV2. These variables replaced the variables in the TOTNUT2 data set and, unless specifically requested otherwise, should be used in official ARIC analyses. NUTV2 has 6 additional variables from ANUT2: calor, carbo, crucaofib, fruct, lact_gm and sucr_gm.

The nutrition data set NUTV2X is a smaller data set that excludes extreme values. The value of the variable INCLUDE indicates extreme values.

Cohort, Exam 2**Nutrient Data****Data set name: NUTV2X**

Nutrient measurements.

| <i>AFAT</i> | | <i>Animal Fat (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 289.16 (median=7.7 mean=31.45 std=61.39) |

| <i>ALCO</i> | | <i>Alcohol Intake (g) Per Day</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 28 | Range | 0 - 114.2429 (median=0 mean=8.4 std=23.1) |
| 1 | | Missing |

| <i>APROT</i> | | <i>Animal Protein (g)</i> |
|--------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 402.74 (median=17.4 mean=44.54 std=81.87) |

| <i>ASPA</i> | | <i>Aspartic Acid (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 39.56 (median=2.01 mean=4.964 std=8.458) |

| <i>CAFF</i> | | <i>Caffeine (mg)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 974.4 (median=4.22 mean=174.852 std=282.144) |

| <i>CALC</i> | | <i>Calcium (mg)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 3825.08 (median=143.34 mean=572.176 std=968.149) |

| <i>CALF</i> | | <i>Energy Wo Visible Fat (Kcal)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 8396.77 (median=419.45 mean=1398.343 std=2291.598) |

| <i>CARB</i> | | <i>Carbohydrate (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 879.4486 (median=58.14 mean=182.611 std=284.860) |

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| <i>CARO</i> | | <i>Total Carotenoid (IU)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 115328.8 (median=3789.74 mean=9475.582 std=21225.658) |

| <i>CFIB</i> | | <i>Crude Fiber (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 29.74 (median=1.82 mean=3.923 std=6.351) |

| <i>CHOL</i> | | <i>Dietary Cholesterol (mg)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1402.11 (median=74.36 mean=187.433 std=312.317) |

| <i>COPP</i> | | <i>Copper (mg)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 7.08 (median=0.4 mean=1.23 std=1.93) |

| <i>DFIB</i> | | <i>Dietary Fiber (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 137.65 (median=6.49 mean=16.598 std=29.048) |

| <i>F100</i> | | <i>Fatty Acid 10:0 (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1.73 (median=0.06 mean=0.220 std=0.438) |

| <i>F120</i> | | <i>Fatty Acid 12:0 (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 2.07 (median=0.06 mean=0.284 std=0.543) |

| <i>F140</i> | | <i>Fatty Acid 14:0 (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 8.56 (median=0.35 mean=1.512 std=2.677) |

| <i>F160</i> | | <i>Fatty Acid 16:0 (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 72.11 (median=2.66 mean=10.897 std=19.149) |

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| <i>F161</i> | | <i>Fatty Acid 16:1 (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 12.95 (median=0.36 mean=1.314 std=2.650) |

| <i>F180</i> | | <i>Fatty Acid 18:0 (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 32.53 (median=1.22 mean=5.194 std=9.122) |

| <i>F181</i> | | <i>Fatty Acid 18:1 (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 126.05 (median=5.01 mean=19.063 std=33.342) |

| <i>F182</i> | | <i>Fatty Acid 18:2 (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 42.7 (median=1.6 mean=7.03 std=11.87) |

| <i>F183</i> | | <i>Fatty Acid 18:3 (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 3.57 (median=0.19 mean=0.622 std=1.032) |

| <i>F184</i> | | <i>Fatty Acid 18:4 (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 0.03 (median=0 mean=0.0 std=0.0) |

| <i>F201</i> | | <i>Fatty Acid 20:1 (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1.21 (median=0.03 mean=0.138 std=0.261) |

| <i>F204</i> | | <i>Fatty Acid 20:4 (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1.44 (median=0.05 mean=0.119 std=0.267) |

| <i>F205</i> | | <i>Fatty Acid 20:5 (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 0.44 (median=0.03 mean=0.056 std=0.095) |

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| <i>F221</i> | | <i>Fatty Acid 22:1 (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 0.38 (median=0.01 mean=0.031 std=0.075) |

| <i>F225</i> | | <i>Fatty Acid 22:5 (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 0.2 (median=0.01 mean=0.022 std=0.041) |

| <i>F226</i> | | <i>Fatty Acid 22:6 (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 0.76 (median=0.07 mean=0.114 std=0.177) |

| <i>F40</i> | | <i>Fatty Acid 4:0 (g)</i> |
|------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 2.07 (median=0.07 mean=0.276 std=0.577) |

| <i>F60</i> | | <i>Fatty Acid 6:0 (g)</i> |
|------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1.46 (median=0.03 mean=0.166 std=0.359) |

| <i>F80</i> | | <i>Fatty Acid 8:0 (g)</i> |
|------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 0.57 (median=0.02 mean=0.078 std=0.154) |

| <i>FATE</i> | | <i>Animal Fat without visible fat (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 277.93 (median=7.06 mean=29.996 std=59.293) |

| <i>FOLA</i> | | <i>Folate (Micrograms)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1333.206 (median=77.55 mean=195.224 std=306.518) |

| <i>FRUC</i> | | <i>Fructose (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 133.51 (median=7.32 mean=20.644 std=34.982) |

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| <i>GLUT</i> | | <i>Glutamic Acid (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 73.41 (median=3.49 mean=9.817 std=16.377) |

| <i>ID</i> | | <i>Aric Subject ID (Cir)</i> |
|-----------|--------------|------------------------------|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Present | Text suppressed |

| <i>INCLUDE</i> | | <i>Inclusion Criteria Variable</i> |
|----------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 7 | NO1 | Number of blanks is greater than or equal to 10 |
| 22 | NO2 | Not YES or NO1 and TCAL value is outside acceptable TCAL range (500-3600 kcal for women and 600-4200 kcal for men) |

| <i>IRON</i> | | <i>Iron (mg)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 57.49 (median=3.6 mean=9.30 std=15.00) |

| <i>KEYS</i> | | <i>Keys Score</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 26 | Range | 0 - 57.19399 (median=37.86163 mean=33.039965 std=14.960591) |
| 3 | | Missing |

| <i>LACT</i> | | <i>Lactose (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 93.19 (median=1.62 mean=11.360 std=24.126) |

| <i>MAGN</i> | | <i>Magnesium (mg)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1360.334 (median=87.2 mean=225.11 std=342.38) |

| <i>MANG</i> | | <i>Manganese (mg)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 11.55 (median=0.77 mean=1.921 std=2.946) |

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| <i>METH</i> | | <i>Methionine (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 11.71 (median=0.54 mean=1.428 std=2.494) |

| <i>MFAT</i> | | <i>Monounsaturated Fatty Acid (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 142.88 (median=5.52 mean=20.859 std=36.659) |

| <i>NIAC</i> | | <i>Niacin (mg)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 132.15 (median=6.32 mean=15.866 std=26.837) |

| <i>OMEGA</i> | | <i>Omega Fatty Acid W20:5 And W22:6 (g)</i> |
|--------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1.19 (median=0.08 mean=0.146 std=0.250) |

| <i>PANT</i> | | <i>Pantothenic Acid (mg)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 19.34 (median=1.47 mean=3.569 std=5.223) |

| <i>PFAT</i> | | <i>Polyunsaturated Fatty Acid (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 49.61 (median=2.04 mean=8.082 std=13.463) |

| <i>PHOS</i> | | <i>Phosphorous (mg)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 5574.214 (median=309.72 mean=927.940 std=1483.959) |

| <i>POTA</i> | | <i>Potassium (mg)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 12844.2 (median=923.07 mean=2215.542 std=3291.249) |

| <i>PROT</i> | | <i>Protein (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 488.01 (median=22.35 mean=61.804 std=107.275) |

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| <i>P_AFAT</i> | | <i>Animal Fat (%kcal)</i> |
|---------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 26 | Range | 0 - 39.76061 (median=16.5648 mean=15.85052 std=8.84870) |
| 3 | | Missing |

| <i>P_ALC</i> | | <i>Alcohol (%kcal)</i> |
|--------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 25 | Range | 0 - 100.5709 (median=0 mean=14.2 std=30.7) |
| 4 | | Missing |

| <i>P_CARB</i> | | <i>Carbohydrate (%kcal)</i> |
|---------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 26 | Range | 0 - 70.60194 (median=49.70734 mean=45.829307 std=16.804750) |
| 3 | | Missing |

| <i>P_MFAT</i> | | <i>Monounsaturated Fatty Acid (%kcal)</i> |
|---------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 26 | Range | 0 - 18.35461 (median=10.8364 mean=9.70923 std=4.76758) |
| 3 | | Missing |

| <i>P_PFAT</i> | | <i>Polyunsaturated Fatty Acid (%kcal)</i> |
|---------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 26 | Range | 0 - 7.24142 (median=4.315897 mean=4.0830754 std=1.7946142) |
| 3 | | Missing |

| <i>P_PROT</i> | | <i>Protein (%kcal)</i> |
|---------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 26 | Range | 0 - 27.00023 (median=18.25225 mean=17.415899 std=7.911663) |
| 3 | | Missing |

| <i>P_SFAT</i> | | <i>Saturated Fatty Acid (%kcal)</i> |
|---------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 26 | Range | 0 - 16.78268 (median=9.623821 mean=8.8069952 std=4.4899356) |
| 3 | | Missing |

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| <i>P_TFAT</i> | | <i>Total Fat (%kcal)</i> |
|---------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 26 | Range | 0 - 44.54576 (median=27.2379 mean=25.27582 std=11.65305) |
| 3 | | Missing |

| <i>P_VFAT</i> | | <i>Vegetable Fat (%kcal)</i> |
|---------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 26 | Range | 0 - 24.99648 (median=8.008434 mean=9.4253030 std=6.1632896) |
| 3 | | Missing |

| <i>RETI</i> | | <i>Retinol (IU)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 8286.54 (median=294.05 mean=1462.229 std=2224.172) |

| <i>SFAT</i> | | <i>Saturated Fatty Acid (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 118.75 (median=4.61 mean=19.553 std=34.108) |

| <i>SODI</i> | | <i>Sodium (mg)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 9140.967 (median=418.97 mean=1351.082 std=2315.125) |

| <i>SUCR</i> | | <i>Sucrose (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 344.88 (median=11.59 mean=52.858 std=93.378) |

| <i>TCAL</i> | | <i>Energy (Kcal)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 8482.67 (median=454.29 mean=1486.475 std=2361.967) |

| <i>TFAT</i> | | <i>Total Fat (g)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 352.21 (median=13.78 mean=53.362 std=92.361) |

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| <i>TRYP</i> | | <i>Tryptophan (mg)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 5214.71 (median=277.66 mean=712.750 std=1205.333) |

| <i>VFAT</i> | | <i>Vegetable Fat (g)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 140.21 (median=3.86 mean=21.916 std=38.871) |

| <i>VITA</i> | | <i>Total Vitamin A (IU)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 117883.6 (median=4998.15 mean=10937.858 std=21777.370) |

| <i>VITB1</i> | | <i>Thiamine (mg)</i> |
|--------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 4.67 (median=0.29 mean=0.880 std=1.339) |

| <i>VITB12</i> | | <i>Vitamin B12 (Micrograms)</i> |
|---------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 28.39 (median=1.63 mean=5.567 std=7.970) |

| <i>VITB2</i> | | <i>Riboflavin (mg)</i> |
|--------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 6.91 (median=0.45 mean=1.251 std=1.871) |

| <i>VITB6</i> | | <i>Vitamin B6 (mg)</i> |
|--------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 7.94 (median=0.59 mean=1.395 std=1.964) |

| <i>VITC</i> | | <i>Vitamin C (mg)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 548.45 (median=36.66 mean=87.479 std=134.733) |

| <i>VITD</i> | | <i>Vitamin D (IU)</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1057.25 (median=41.45 mean=159.508 std=272.986) |

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| <i>VITE</i> | | <i>Alpha-Tocopherol (mg)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 39.46 (median=1.55 mean=4.900 std=8.205) |

| <i>ZINC</i> | | <i>Zinc (mg)</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 66.31 (median=3.4 mean=8.98 std=15.11) |

| <i>_16T191</i> | | <i>Trans 16:1 fatty acid gm, Sacks 1991</i> |
|----------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1.48 (median=0.04 mean=0.151 std=0.306) |

| <i>ACAR</i> | | <i>Alpha Carotene mcg</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 2576.77 (median=321.81 mean=509.360 std=630.373) |

| <i>AOFIB</i> | | <i>AOAC Fiber gm, 1993</i> |
|--------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 93.77 (median=5.78 mean=13.302 std=20.946) |

| <i>APIG</i> | | <i>Apigenin Mg, Flavone</i> |
|-------------|--------------|-------------------------------------|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 0 (median=0 mean=0.0 std=0.0) |

| <i>BCAR</i> | | <i>Beta Carotene mcg</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 22093.15 (median=1365.12 mean=2809.212 std=4306.528) |

| <i>BCAR_WO</i> | | <i>Beta Carotene without Suppl mcg</i> |
|----------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 22093.15 (median=1365.12 mean=2809.212 std=4306.528) |

| <i>BCRYP</i> | | <i>Beta Cryptoxanthin mcg</i> |
|--------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1948.39 (median=43.19 mean=144.046 std=363.705) |

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| <i>CALOR</i> | | <i>Total Calories Kcal</i> |
|--------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 8928.06 (median=448.47 mean=1420.873 std=2330.883) |

| <i>CARBO</i> | | <i>Carbohydrates Gm</i> |
|--------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 830.07 (median=56.05 mean=173.694 std=273.759) |

| <i>CEREALAOFIB</i> | | <i>AOAC Fiber gm from cereal</i> |
|--------------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 13.43 (median=0.65 mean=2.484 std=4.006) |

| <i>CRUCAOFIB</i> | | <i>AOAC Fiber gm from cruc</i> |
|------------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 3.99 (median=0.26 mean=0.505 std=0.806) |

| <i>CT18291</i> | | <i>Cis Trans 18:2 fatty acid gm, Sacks 1991</i> |
|----------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 1.06 (median=0.03 mean=0.167 std=0.292) |

| <i>FRUCT</i> | | <i>Fructose gm</i> |
|--------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 114.65 (median=7.82 mean=19.726 std=31.963) |

| <i>FRUITAOFIB</i> | | <i>AOAC Fiber gm from fruit</i> |
|-------------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 14.86 (median=1.93 mean=2.670 std=3.544) |

| <i>GIBD</i> | | <i>Glycemic Index, Bread</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 87.65 (median=72.75 mean=59.480 std=31.320) |

| <i>GID</i> | | <i>Glycemic Index</i> |
|------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 61.47 (median=51.09 mean=41.794 std=22.004) |

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| <i>GL</i> | | <i>Glycemic Load</i> |
|-----------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 45856.72 (median=2910.43 mean=9347.385 std=14781.449) |

| <i>GLB</i> | | <i>Glycemic Load, Bread</i> |
|------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 65424.68 (median=4136.81 mean=13311.227 std=21058.888) |

| <i>GLU</i> | | <i>Glucose gm</i> |
|------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 127.34 (median=7.04 mean=19.529 std=33.098) |

| <i>KAEM</i> | | <i>Kaempferol mg, Flavonol</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 24.51 (median=0.79 mean=3.004 std=5.106) |

| <i>LACT_GM</i> | | <i>Lactose gm</i> |
|----------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 94.61 (median=1.34 mean=11.980 std=24.762) |

| <i>LEGAOFIB</i> | | <i>AOAC Fiber gm from legumes</i> |
|-----------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 49.91 (median=0.58 mean=3.400 std=9.626) |

| <i>LUT</i> | | <i>Lutein And Zeaxanthin mcg</i> |
|------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 9111.98 (median=1007.62 mean=1455.552 std=1877.058) |

| <i>LUTEOLIN</i> | | <i>Luteolin Mg, Flavone</i> |
|-----------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 0.06 (median=0.01 mean=0.011 std=0.014) |

| <i>LYCO</i> | | <i>Lycopene mcg</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 3720.75 (median=245.57 mean=634.838 std=1001.402) |

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| <i>MYRI</i> | | <i>Myricetin mg, Flavonol</i> |
|-------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 7.5 (median=0.1 mean=0.80 std=1.64) |

| <i>QUER</i> | | <i>Quercetin mg, Flavonol</i> |
|-------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 37.12 (median=3.39 mean=5.884 std=8.162) |

| <i>ST</i> | | <i>Starch gm</i> |
|-----------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 266.4 (median=11.99 mean=50.088 std=83.265) |

| <i>SUCR_GM</i> | | <i>Sucrose gm</i> |
|----------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 288.52 (median=10.63 mean=43.294 std=74.774) |

| <i>TOTFLAVO</i> | | <i>Total Flavonoids mg</i> |
|-----------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 66.56 (median=5.92 mean=9.702 std=14.525) |

| <i>TR18191</i> | | <i>Trans 18:1 fatty acid gm, Sacks 1991</i> |
|----------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 16.05 (median=0.42 mean=2.248 std=4.259) |

| <i>TR18291</i> | | <i>Trans Trans 18:2 fatty acid gm, Sacks 1991</i> |
|----------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 0.91 (median=0.03 mean=0.138 std=0.247) |

| <i>TRANS91</i> | | <i>Total Trans gm, Sacks 1991</i> |
|----------------|--------------|--|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 18.39 (median=0.52 mean=2.706 std=4.984) |

| <i>VEGAOFIB</i> | | <i>AOAC Fiber gm from vegetables</i> |
|-----------------|--------------|---|
| <i>N</i> | <i>Value</i> | <i>Description</i> |
| 29 | Range | 0 - 60.85 (median=2.61 mean=5.934 std=12.998) |