

INSTRUCTIONS FOR THE PSYCHOSOCIAL CLOSEST SUPPORT PERSON QUESTIONNAIRE (CSQ)

I. General Instructions

The purpose of this form is to collect contact information for the person who is the closest support person for the ARIC participant. This form appears in the event called 'Psychosocial Wellbeing'. Field center staff will keep track of the completed and pending calls.

The need for this information is a result of the COVID-19 pandemic. Due to the need for rapid implementation, the Coordinating Center's responsibility in this effort is to create the data collection instrument in CDART and then report on the data collected periodically. The CC is not responsible or involved in the coordination of calls, providing reports to facilitate coordination, linking this information to other sources, or any other logistical support to the field centers. This responsibility falls to each field center.

Text, other than the questions, that is meant to be read to the respondent, has been bolded. Respondent's ID for this questionnaire is the corresponding ARIC cohort participant's ID.

II. Detailed Instructions for each Item

- 0a. Enter the date on which this interview was attempted or completed. If the interview was interrupted and then resumed, update the date to indicate date of completion.
- 0b. Enter the staff ID for the interviewer who completed this form.
- 0c. Read the opening script

A. QUESTIONS PERTAINING TO THE ARIC COHORT PARTICIPANT

1. Please select from the drop-down menu the appropriate response option describing closest support person's relationship to the participant
2. Some persons may be reluctant to respond to this question. If asked why we would like to know about participant's living circumstances, you may respond that we are interested in learning how living alone during the COVID-19 pandemic is affecting the ARIC participant's health. Although this information has been collected in ARIC routinely, participants may have been living alone prior to the pandemic, but are now living with others. Conversely, participants may have been living with others prior to the pandemic, but are now living alone.
3. For this question, consider the time prior to March 1, 2020 as the time prior to the COVID-19 pandemic.
4. Please select all options that apply.
5. Please read aloud all response categories.
6. In this question, we aim to ascertain from the perspective of someone other than the participant if s/he have the social support they need during the COVID-19 pandemic

B. QUESTIONS ABOUT THE CLOSEST SUPPORT PERSON

7. Some persons may be reluctant to share information about having had a diagnosis of COVID-19. Please mark those responses as missing.
8. The referent category for this self-rated health question are people that the respondent knows who are of approximately the same age as the respondent.

For questions 9-11, the response options are “Not at all”, “A little”, “Some”, and “A lot”. Please read those responses aloud after reading each question.

9. Physical effects of the COVID-19 pandemic may include, among others, a COVID-19 diagnosis, inability to manage other illnesses due to COVID-19 related restrictions in seeking healthcare, or perhaps having a physically more-demanding job during this time.
10. Emotional effects of the COVID-19 pandemic may include, among others, anxiety, frustration, depression, or loneliness.
11. Some persons may be reluctant to respond to the question regarding a financial impact of the COVID-19 pandemic. Please leave the response as missing if the respondent refuses/is reluctant to answer this question.
12. This is an open-ended question, which allows for a narrative response, which should be entered as free text.