



## INSTRUCTIONS FOR THE VIRTUAL ACCESS SURVEY (VAS) FORM

### I. General Instructions

This form is completed for all participants who agree to take part in the Home Blood Pressure Monitor (HBPM) ancillary study. This form will be administered after participants hear the instructions and undergo the in-person blood pressure measurement. Participants will **not** be using their smartphones to download data for this study; this form is completed for data collection purposes only to see assess participants' comfort with using technology to monitor their blood pressure in the future.

### II. Detailed Instructions for Each Item

0a. Enter the date the form was completed.

0b. Enter the staff code of the person who completed this form.

1. Record if the participant has a smartphone. Smart phones include any mobile device that performs many of the advanced functions of a computer, and typically has a touchscreen, internet access, and can download applications or "apps". If the participant indicates that they do **not** have a smartphone, save and close the form.
2. Record what type of smartphone is used by the participant. If options A, B, or D were selected, go to item 3. If option C (Other) was selected, specify the other type of smartphone used in 2a.
3. Record if the participant has a cellular plan or Wi-Fi at home.
4. Record if the participant feels comfortable using a smartphone app to get blood pressure measurements.
5. Record if the participant feels comfortable electronically sending their blood pressure data to ARIC staff through a secure internet application

6a-f. Record Y/N to each of the situations, on any potential concerns the participant has on measuring blood pressure at home.

If Other was selected in 6f, specify the other concern in item 6f1.