



INSTRUCTIONS FOR CLIENT-ORIENTED SCALE OF IMPROVEMENT BASELINE (COSI) FORM

I. General Instructions

The Client-Oriented Scale of Improvement Baseline (COSI) collects information about three situations which the participant would like to use as goals to hear better following intervention. These baseline goals are revisited at intervention sessions via the COSI GOALS ACHIEVEMENT FORM.

This form is to be completed during the first intervention (visit 1).

II. Detailed Instructions for Each Item– Clinic Exam

- 0a. Enter the date on which the participant was seen in the clinic.
- 0b. Enter the staff ID for the person who completed this form.

Goal setting suggested script:

“I would like you to think about the most important goals you have to be able to hear and understand better. It helps to think in terms of what areas of your life you would like to see some improvement in once you start using hearing aids. Try to be as specific as possible. The more specific you are in identifying these situations, the better we can tell if the tools that we are providing you are helping, or if we need to be doing something different to help you achieve these goals.”

Make sure to record as much detail and as many specifics about the goal as possible. For example, if the goal involves hearing in a restaurant, make sure to include details on the restaurant’s setting, where the participant sits, with whom the participant talks, and when they go to the restaurant. Please note, it is possible the goal does not fit into the provided categories, in which case, ‘other’ is acceptable.

- 1a. Record the goal with specific details (who, what, where, when, etc)
- 1b. Categorize the goal as best as possible.

Repeat for 2a-2b and 3a-3b