



The ACHIEVE study Participant expectations

Thank you for your interest in the ACHIEVE Study. Taking part in the ACHIEVE study means that you will be assigned to one of two groups. You will be assigned randomly, that is, as if by the flip of a coin. You have an equal chance of being assigned to either the Successful Aging Program or the Hearing Program. **Remember, you must be willing to participate in either group.**

Please read the following statements carefully. Let us know if you have any questions or concerns.

I understand that (Initial):

	By joining the ACHIEVE study I will be randomized (by computer “flip of a coin”) to one of two Programs for 3 years
	The Successful Aging Program includes visits on healthy aging and upper body stretching activities
	The Hearing Program includes wearing a hearing aid regularly, and visits on hearing tests and communication tips
	I will be randomized to either a Successful Aging Program or a Hearing Program
	Once the computer makes the random assignment, it cannot be changed. I will be followed for three years as a part of the program the computer assigned.
	Study staff have no control over the randomization process
	I am willing to participate in either group for three years

I confirm that I have read and understand this document: _____ **(Initials)**